

Affordable, Quality, Exterminating

750 Cross Pointe Road, Suite A • Gahanna, Ohio 43230
(614) 367-9500 • Fax (614) 367-9505 • Toll Free 1-877-699-9500
Email: email@actionpest.net

PREPARING FOR A BED BUG TREATMENT...

This is going to be a daunting task, but don't be discouraged!

*We have been doing Bed Bug treatments for the past ten years
and these methods and guidelines are proven effective!*

Bed Bugs are tough to control! They hide in many places. In beds, closets, furniture, behind pictures, in tiny cracks in the wall and even electrical outlets. A general idea is if a credit card can fit into a crack- so can a Bed Bug to hide. Therefore treatments must be thorough. *We need your cooperation.* Before we can treat your home, you must prepare your home for treatment. Please follow the guidelines listed below to prepare your unit for each Bed Bug treatment. The exterminator will not be able to treat your residence if you are not properly prepared.

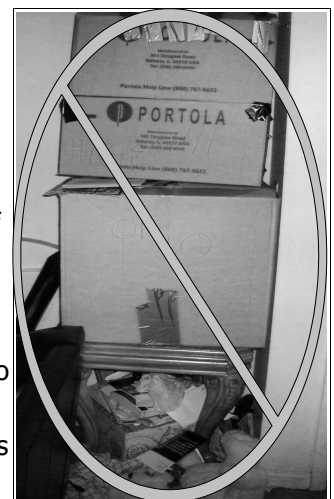
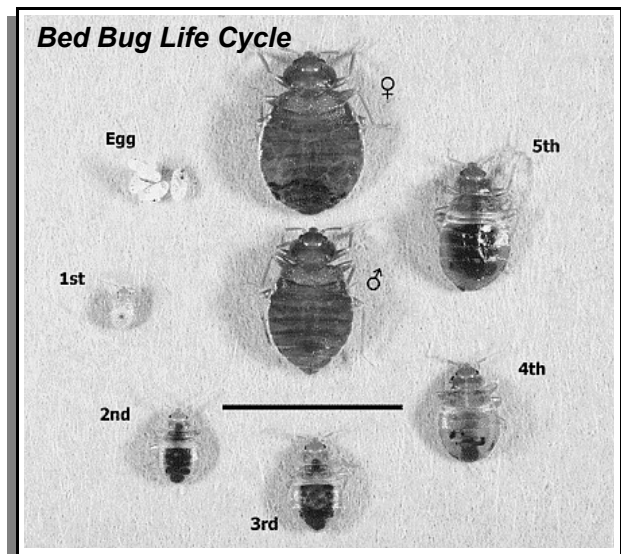


STEP 1 Remove all sheets, pillowcases, mattress covers, sheets, shams, blankets, etc from your beds then immediately wash then dry them in the hottest setting possible as directed per labels. Place them in a sealed plastic bag and do not put them back on the bed until the evening after your pest control treatment and preferably over a certified Bed Bug mattress encasement, that we highly recommending using. Remove the mattress and box springs from bed frame. Then set them upright resting against a wall. Vacuum bed frames and mattresses thoroughly. A crevice tool is very helpful for seams and tufts.

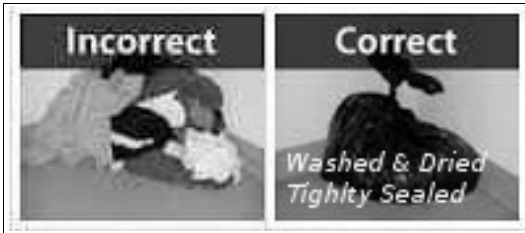


STEP 2 Remove *everything* from bedroom and hall closets. Your closets must be empty. Take everything out of night stands, dressers, storage cabinets and other furniture in the room. Dresser drawers and night stands must be empty. All of the emptied drawers needs to be removed

then stood on end in the middle of the room. All furniture in areas to be treated need to be moved to a minimum of 3 feet from the walls. Eliminate all clutter. The more clutter there is the longer it will/may take to eliminated the Bed Bugs. At least 75% of all floors in each area should be free of any items. Remove pictures, wall hanging and clocks from walls then thoroughly inspect for activity. If suspected, place in seal-able tote or plastic bag and place in sun/ hot temperature area. Any clutter is a possible home to a Bed Bug. Again, they hide *everywhere*. All clothing, linens, towels, stuffed animals, etc that are in the dressers and closets in the affected area must be washed and dried on the hottest setting possible as per label's then immediately sealed in plastic bag or tote.



Using tape around the edges of the totes is advised. Those vacuum bags are would



work well too, as they seal air tight. Set the closed and sealed bags or totes, in the middle of the dining room/kitchen area until after treatment. Also, if some items are indeed infested and you do not wish to throw away, call our office to ask



about the Nuvan strips that we sell in our Do It Yourself Store. They are to be placed in plastic totes with the smaller items. The Nuvan strips can also be placed in uninhabited areas for a period of time. The chemical vapor that is released will exterminate most pests and will continue to release for up to four months. Also can be used in a storage unit, RV, attics, garages and any other areas unoccupied by humans or pets.



STEP 3 Vacuum baseboard areas, floors, closets, insides and undersides of dressers as well as nightstands, upholstered furniture (including the underside and cracks/crevices of furniture). Focus on tufts and seam areas. Place the vacuum bag or empty the canister in a seal-able plastic trash bag and immediately discard. If possible- dispose the bag or contents of canister outside your home when switching to the seal-able plastic trash bag. Window coverings, drapes, valances, etc need to be vacuumed and if possible washed in hot water. If they cannot be taken down, steaming would aid in exterminating any hiding Bed Bugs. Wash and dry all clothing, towels, and other linens. Place



the clean items inside plastic storage bins or plastic trash bags. Store them in the kitchen.

People and pets must leave the residence for the treatment to be started and may return 4 hours later, minimum, to allow chemical ample time to dry. If you have fish tanks, cover with a sheet or paint tarp. After treatment the use of other chemical is prohibited by the resident for Bed Bugs. This could counter act the treatment that has been done.

AFTER THE INITIAL TREATMENT...

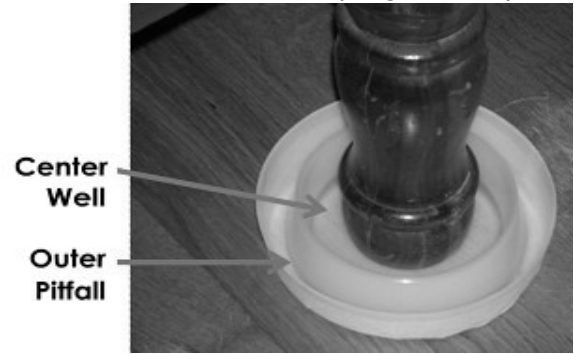
After treatment, occupant(s) must continue to monitor and practice the following procedures on a weekly basis!

- Vacuum all upholstered furniture, mattress, box springs, head bards, foot boards, dressers, chest of drawers, night stands entertainment stands, etc. Carpeting, area rugs, throw tugs, and all baseboard areas, Place vacuum bag or canister contents into plastic bag, seal and discard after each use.
- Continue to wash and dry clothing, bedding, linens, and fabric windows coverings in the hottest setting allowed per the label. Clean out all clothes baskets and hampers. Keep non-frequently used clothing in the sealed bags.
- Continue to reduce/eliminate all cluttered, stored items in all areas of the house. Especially closets, areas of infestation and around the baseboards. If possible, continue to remain within these guidelines for your follow up treatments. Keep all items packed and stored.

Continue to adhere to the follow up treatments. Which are every 10 to 14 days to control the egg hatching process. Failure to follow the guidelines and pursue the follow up treatment schedule, eliminating the infestation is very unlikely.

ADDITIONAL INFORMATION...

In some cases, upholstered furniture must be discarded. Discard any furniture or mattresses/box springs carefully so as not to let anything fall off as well as making proper arrangements for disposal. Bed Bugs are often almost impossible to eradicate from upholstered furniture without numerous additional follow up treatments. If you choose to keep the infested mattress and box springs, we strongly recommend you using high quality mattress/box spring Bed Bug encasement, immediately after the initial treatment. *Hint: Use duct tape over encasement zippers to be extra cautious nothing in getting out nor getting back in.* Also if interested, we do sell 'Climb Ups' in our Do It Yourself Store for putting under furniture legs to monitor and catch Bed Bugs. The Bed Bugs can climb into it, but cannot climb up towards your mattress/furniture or out of the 'Climb Up'.



Vacuuming and reasons to do it often!

It's an Effective Companion Control Method- Vacuuming allows you to:

- Eliminate large clumps of clustering Bed Bugs quickly or physically remove Bed Bugs that may be isolated in one or two locations
- Eliminate insecticide-resistant Bed Bugs
- Remove dirt, dead Bed Bugs, shed skins and other debris which can improve the effectiveness of insecticide treatment and give you a "clean slate" for followup inspections

Timing is everything. Vacuuming is most effective before Bed Bugs are disturbed and while they are still gathered together in clumps. Bed Bugs can be difficult to dislodge with a vacuum since they cling tightly to rough surfaces they favor like bare wood and fabric. Bed bug eggs are the stage least susceptible to vacuuming since they are coated with a transparent "cement" that adheres to most surfaces. A crevice tool is the most efficient accessory for removing clumps of Bed Bugs. Use it for most sites, including corners, edges, seams, cracks, and crevices. Using the strongest suction possible, place the crevice tool at a 45-degree angle on the surface, and push it forward so that the Bed Bugs and eggs are crushed and easily get sucked into the tool rather than being pushed off to the side.

Use a Dedicated Vacuum – Bed Bugs or eggs may occasionally get caught in the ridges of the vacuum hose or on brush bristles, or survive their trip into the bag or filter, and then be transported to new locations. Check the brush and hose after use.

Target Your Vacuuming for Best Effect - Vacuum up any visible Bed Bugs or eggs in key sites in and around the bed, but whether Bed Bugs are visible or not, also vacuum in these areas:

- Floor under and around the bed and under upholstered
- Furniture (use a powered carpet attachment for carpeting)
- Upholstered furniture
- Intersection of the baseboard and floor near the bed
- Potentially infested cracks & crevices in the bed frame, furniture, and walls near sites of infestation

When finished, seal the vacuum bag with tape, then place it into a sealed plastic bag for disposal. For bag-less vacuums dispose of the contents of the canister into a sealed plastic bag and then wash the canister afterward in hot water (120°). Depending on the type of filter, it should be bagged and disposed of, or washed and dried after use.

FREQUENTLY ASKED QUESTIONS...

Do you exterminate all rooms in a residence or business?

It depends on the extent of the infestation. If only a few Bed Bugs are found in a room, only that room may need treated although we recommend treating the entire home. The earlier an infestation is found and treated, the easier it is to rid the premise of the Bed Bugs.

Do you treat an apartment next door to mine?

It may be advisable to at least inspect and maybe treat, even a preventative treatment, the apartments on either side, above and below since. Although due to lack of cooperation in the past, gaining entrance into the adjacent property may not be possible.

If I see Bed Bugs, do I have to get rid of my furniture?

As long as infested furniture is in good shape (no rips, tears, etc) it is advisable to first treat first. If the furniture is still infested after several treatments, it should be discarded.

How do you treat for Bed Bugs?

We first to do a thorough inspection and then we treat. We treat the bed with approved materials and dust along baseboards and outlets. We then go into the living room to treat the sofas and all cracks and crevices.

Do you use steam for a Bed Bug Treatment?

This is not technically necessary, but steam is a very effective non-chemical additional treatment with the chemical that will kill the adults and eggs.

How many treatments will it take to get rid of the Bed Bugs?

It is highly unlikely that one treatment will effectively remove the presence of Bed Bugs. It may take three or four treatments or sometimes more depending on the severity of the infestation. The number of treatments may also vary depending upon the likelihood of the home being re-infested. As well how well the preparation is done.

How often is a treatment needed?

We treat every 10-14 days. It is up to the client to call and schedule your follow up appointments so we can better try to accommodate your schedule. Any longer than a two week interval between treatments is too long to control the breeding process of the infestation. If you have a landlord or apartment manager, they will need to call in to schedule the treatments.

What areas do you treat?

We treat any area that has a potential to be infested by Bed Bugs. This may include bedrooms, living rooms, kitchens, basements, laundry room, bathrooms, dining rooms, attics, furniture and any where else they've been identified.

How did I get them?

Homes can become infested with Bed Bugs in a multitude of ways the Bed Bugs and eggs can be inadvertently brought in from other infested homes on clothing or luggage. Infested items (such as furniture, clothing, or backpacks) brought home. When someone visits an infected area, such as a movie theater or hotel they risk the chance of a 'hitchhiker' traveling home with them.

I have pets, will Bed Bugs feed on them too?

Yes, Bed Bugs can, although they are a 'lazy' bug that doesn't want to work hard for its meal by having to crawl around a shaggy dog to find a spot for feeding. A human is a Bed Bugs prime choice as its easy to prey on us while we sleep.

Where did Bed Bugs come from?

Bed Bugs were first mentioned around 400BC in Ancient Greece.

I find live ones. Whats the easiest way to kill it?

Pour a drop of plain rubbing alcohol on the Bed Bug. It is a contact killer, has no residual. Or use a spray bottle.